



Indiana HIDTA Presents a **FREE** Training Opportunity



Leading into Wellness

Fostering Communication, Trust, and
Mental Wellness in Law Enforcement
Through Leadership

COURSE SUMMARY

In the realm of law enforcement, the absence of trust can breed a culture where officers hesitate to exhibit their authentic selves. This hesitancy leads to the adoption of negative coping mechanisms to mask underlying mental wellness issues, often culminating in tragic outcomes like increased suicides. At the heart of this narrative lie the leaders within law enforcement, whose actions and guidance play a pivotal role in shaping the levels of trust and the degree of officer engagement in mental wellness initiatives. These leaders hold the power to educate and shape their teams.

This presentation highlights the importance of leadership in mental wellness programs. It advocates for leaders to take the forefront in transforming the way they facilitate training and influence the mental well-being of their teams.

OBJECTIVES

1. Recognize the leadership pitfalls of poor communication.
2. Learn practical strategies on how leaders can create an environment of trust.
3. Develop a comprehensive three-part system to empower officers in wellness programs.

LOCATION:

Schererville Community
Center

500 East Joliet Street

Schererville, IN 46375

October 22, 2024

0830 to 1630 Central Time

PRESENTED BY:

MLU MICHAEL LAIDLER
UNLIMITED

View Michael at:

<https://michaelalaidler.com>

*This training is **FREE**, but you
must register to attend. To
complete registration,*

[Click here](#) or enter:

<https://www.nhac.org/registration/Register/Index?eventId=77741>

QUESTIONS?

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Don McCay

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